

BITCHES WHO AI

Conscious AI Engagement Charter

A human-led operating model for useful, accountable AI.

A practical map for using AI with clarity, creativity, privacy, and human judgement intact.

PREPARED FOR

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DATE

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Created by Sarah Pirie-Nally · Bitches Who AI

1 What this charter is for

This charter makes the way we use AI visible. It is not a list of subscriptions, a performance score, or permission to hand over judgment. It is a shared working agreement: which tools help, where the work belongs, what stays protected, and when a human must pause, decide, and remain accountable.

The aim is simple: **use AI to create more value and more room for the thinking, relationships, and human connection that matter.** Each person's map will look different. The principles underneath should stay steady.

THE CONSCIOUS ENGAGEMENT STANDARD

AI can extend our capability. It does not replace our responsibility.

We stay close to the question, choose tools on purpose, protect what is sensitive, check what is true, and keep the final human promise in human hands.

1.1 The map in five moves

01 · FRAME

Name the work

Clarify the outcome, audience, constraints, and what cannot be delegated.

02 · THINK

Choose one lead

Use the right model or research tool for the depth, speed, or context required.

03 · LAND

Keep the good work

Move key decisions, prompts, and assets into a system that can be found again.

04 · MAKE

Create and ship

Turn approved thinking into an experience, message, asset, or system.

05 · REVIEW

Own the promise

Check claims, context, tone, risk, and next steps before anything leaves the room.

2 A practical AI ecosystem

Sarah's current operating map offers one example. Your own charter will use the tools you have, rather than a prescribed stack. The principle is to give every tool a distinct job, a clear hand-off, and an agreed boundary.

THINK AND FRAME

Business AI workspaces

ChatGPT Business, Claude Business, Gemini, and paid Grok support different kinds of thinking. Choose one lead partner for the work rather than prompting every model by default.

RESEARCH AND SIGNAL

Public evidence

Perplexity Free is used for public research, source discovery, and current signal only. Sources are read and checked before claims are repeated.

REMEMBER AND ORGANISE

The durable record

Notion holds decisions, frameworks, intellectual property, and reusable prompts. Google Drive holds

CREATE AND SHAPE

Visual expression

Canva and Gamma translate approved content into decks, social assets, templates, and visual narratives.

source files, exports, approved assets, and working documents.

Human editorial judgement protects the brand and message.

BUILD AND DEPLOY

Useful systems

Manus, Lovable, Replit, GitHub, and Railway turn ideas into products, websites, workflows, and live services. Important work has a clear owner and a recoverable source path.

CONNECT AND COORDINATE

Relationships first

Gmail, Slack, Fyxr, and Resend support communication and follow-through. They prepare, organise, and deliver, but the relationship and final message remain human.

PUBLISH AND GATHER

Community and reach

Instagram, TikTok, LinkedIn, and Facebook carry a useful point of view into the places people already gather. Each channel receives work shaped for its context.

OPERATE WITH CLARITY

Commercial reality

Xero remains the financial source of truth. Financial, client, and personally identifiable data is protected and de-identified before AI-supported reflection.

3 The Wonder Stack risk layer

Conscious engagement includes understanding where risk enters the workflow. This is not about fear. It is about knowing where to slow down, ask a better question, or keep the work in a protected environment.

01 · DATA EXPOSURE

Know what enters the tool

Client, financial, regulatory, personal, and proprietary information needs extra care. Free and public tools are not the place for it.

DO THIS: Use approved business workspaces, remove identifying detail, or keep the work outside AI.

02 · PUBLIC LINKS

Treat a shared link as published

A shared chat, document, deck, or file can travel further than intended. Links and permissions are part of the work, not an afterthought.

DO THIS: Delete public links when they are no longer needed and preserve approved notes in the proper archive.

03 · CONNECTORS

Grant access with intention

Every connected app, browser extension, plug-in, or automation can expand what a tool can see and do.

DO THIS: Review permissions, owners, and connected accounts quarterly. Remove anything that no longer earns access.

04 · SOURCES

Confidence is not evidence

AI can sound convincing while missing context, relying on weak sources, or inventing detail.

DO THIS: Read the original source, verify claims, and name uncertainty before using information externally.

05 · HUMAN APPROVAL

Keep the final promise human

06 · ACCESS HYGIENE

Protect the environment

Messages, advice, pricing, agreements, public posts, and consequential decisions affect real people.

DO THIS: Check the intent, accuracy, tone, impact, and commitment before it is sent, published, or acted on.

Security settings, MFA, storage permissions, devices, and subscriptions shape the quality and safety of the whole stack.

DO THIS: Use MFA, maintain clean sharing settings, and run a quarterly stack and settings check.

4 Build your own charter

Your goal is not to collect more tools. It is to create a system that supports the work and the person doing it. Start with a real piece of work, then map the smallest intentional sequence that can take it from question to useful outcome.

4.1 Five questions to build your map

QUESTION 01

What work deserves more of you?

Name the parts of your week that need deeper judgement, more creativity, stronger connection, or more time. Start there.

QUESTION 02

What is each tool actually for?

Give every tool one primary role. If two tools do the same job, decide which one leads and when the other earns a place.

QUESTION 03

Where does the good work land?

Choose a durable home for decisions, reusable prompts, approved files, and processes. Chat history is rarely enough.

QUESTION 04

What cannot be delegated?

Write down the decisions, data, relationships, and promises that require human review before they move forward.

QUESTION 05

How will the map stay alive?

Choose a daily attention practice, a weekly knowledge reset, a review before publishing, and a quarterly security and subscription check.

4.2 Your human-led operating agreement

COMPLETE THIS WITH YOUR CLIENT, TEAM, OR COMMUNITY

The work we want AI to support:

The one source of truth for decisions and knowledge:

The information that stays protected or outside AI:

The moments that always require human approval:

Our next charter review date:

4.3 A practical next step

Choose one live workflow this week. Frame it clearly. Select one lead tool. Move the useful output into your source of truth. Review it with the people it affects. Then note what you would keep, change, or remove next time.

Better systems should give you back more of yourself.

This is the promise of a conscious AI ecosystem: more clarity, more capability, more connection, and more room to do the work that only a human can do.

Bitches Who AI · Smart people. Smarter tools. Human first.

For personalised stack mapping, practical resources, and community support, visit bitcheswhoai.lol.